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Your Child's Organization

With Jane Gertler

November 20, 2012



www.hiddensparks.org

Our Guest



Dr. Jane Gertler is the Director of the Office of Teaching and Learning at The Churchill School and Center, a school for students with learning disabilities in grades K - 12 in NYC. Prior to joining The Churchill School, she was the Director of Special Education in Irvington and in Edgemont before becoming the Director of Curriculum, Assessment and Professional Development in Edgemont. Dr. Gertler is an adjunct professor at Manhattanville College where she teaches graduate courses in special education and literacy.



Dr. Gertler has a B.S. in Human Development from Cornell University, an M.A. in Elementary Education from NYU, M.S. in Reading from College of New Rochelle, and an Ed.D. in Educational Administration from Fordham University.

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Overview of the Session

- Organization and time management skills essential for school and life!
- Organization and time management – HOME/SCHOOL connection

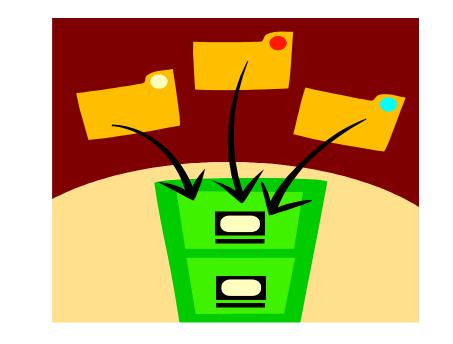
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• Time management – much more than the ability to "tell time."

Session Goals:

Help Your Child Get Organized!!!



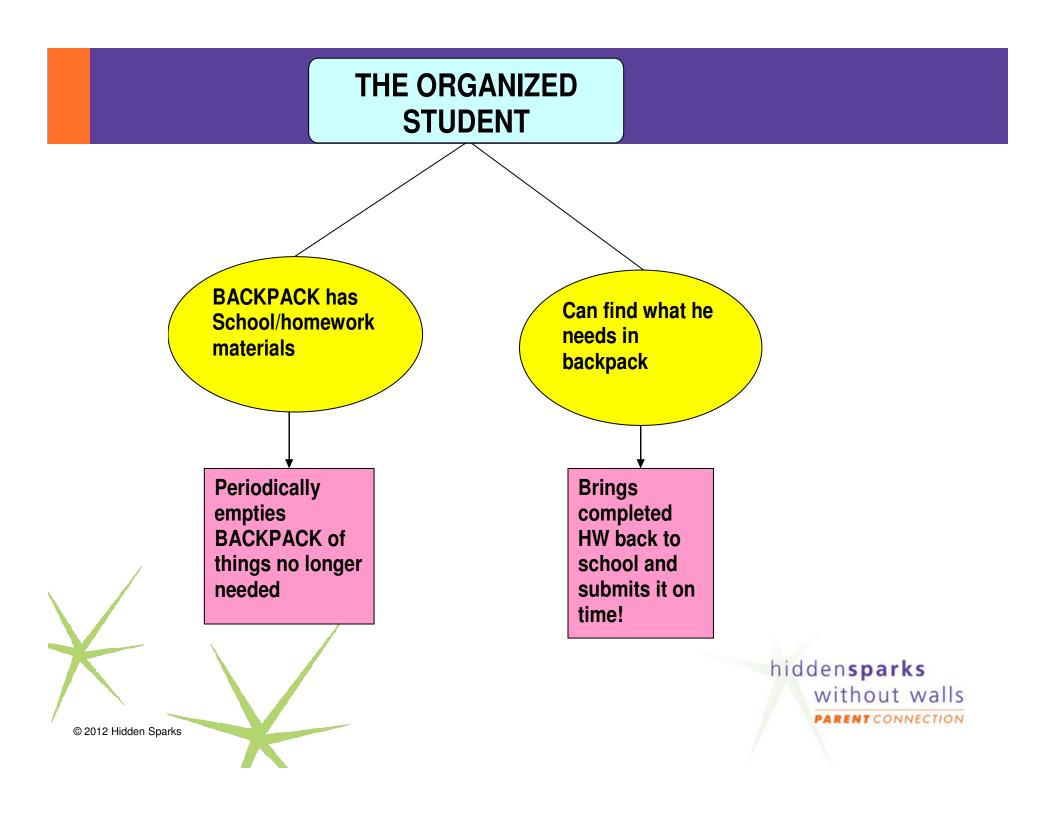
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The **DISORGANIZED** Student

- Backpack looks like a trash basket
- Cannot find HW completed or not completed
- Often loses papers
- Creates tension in the house!





The Organized Student at HOME

- Identify a well organized workspace
- Photograph that workspace
- Establish a routine for keeping that workspace organized
- Create a routine for organizing/cleaning backpacks

(Completed work goes in backpack as soon as it's completed)

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The ORGANIZED Student

- "Toolkit" pens, pencils, markers, post-its, clips, etc. <u>Option</u> to have one toolkit in school and one at home.
- "Things to Remember" list laminated and attached to backpack
- Photograph the organized backpack !

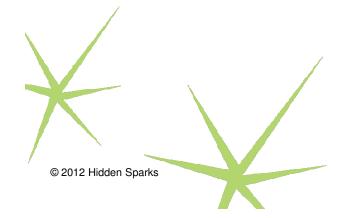




The ORGANIZED Student

- More productive
- Less anxious
- Better grades
- Happy parents



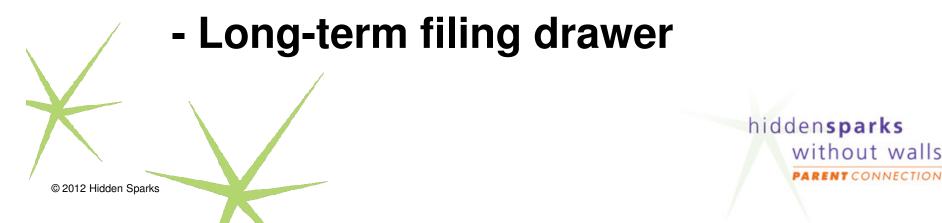




NOTEBOOK ORGANIZATION

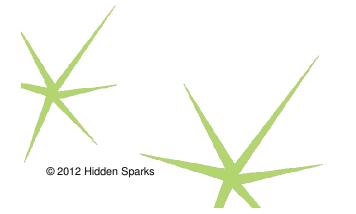
3-Tiered System: - Working notebook: color-coded for each subject

- Reserve notebook



Working Notebooks

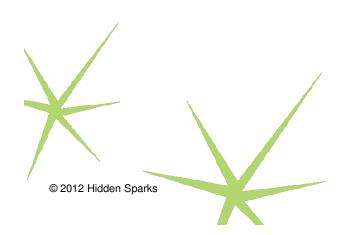
- 3-Ring binder with separate tabs labeled for each class
- 1 color-coded spiral notebook for each class with separate folder for handouts and homework





Reserve Notebook

- Multi-section accordion folder
- Each class/course has 3 sections
 - homework section
 - class notes section
 - test and quizzes section





Home : Clean-out-my -working-notebook- day

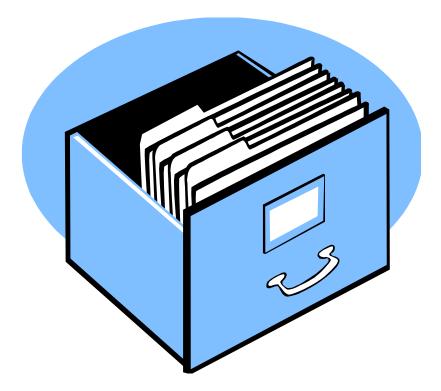
1 day each week

Clean out all papers no longer needed in school and put them in the Reserve notebook.



Long-Term Filing Drawer

- Have student select samples of work they are particularly proud of: essay, drawing, test, poem, project.
- Keep these in a specific drawer or file at home.



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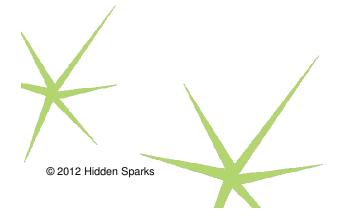


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Calendars & Planners

- Help students stay focused.
- Post a large calendar in a central place at home.
- Child fills in key school dates (paper due, test, project, trip, etc.).
- Include family plans, so your child can prioritize an plan ahead.





HOMEWORK: Assignment book

Assignment /Materials	E.T.	А.Т.	Order	Done
(text, notes,etc.)	Estimated Time	Actual Time		
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Assignment Book

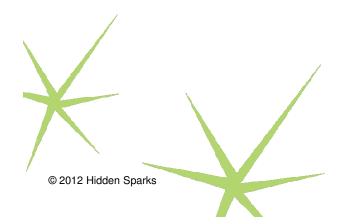
- Student writes assignment in book at school

 include materials needed to take home to
 complete assignment.
- AT HOME, student looks at each assignment and lists E.T.
 - decides on order (1,2,3,etc.) for completing work
 - writes A.T. after completing each assignment
 - puts assignment in homework folder
 - puts a check mark in "Done" column

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Time Management



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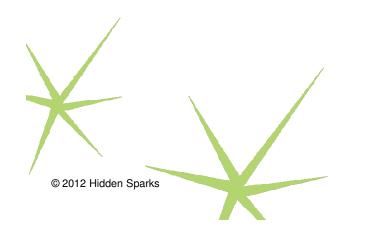
TIME: the period during which something exists, happens, etc., - Webster's Dictionary

TIME MANAGEMENT: the ability to prioritize commitments and schedule them with enough time to complete everything satisfactorily.

- Donna Goldberg, The Organized Student

Why teach Time Management?

- Many children do not develop t.m. on their own; therefore, <u>explicit</u> instruction is needed.
- Better use of time → Improved academic success.
- Help avoid the "over-scheduled" child.





Time Management



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Prerequisite

- Understand the <u>concept</u> of time (www.timetimer.com)
- Identify steps needed to complete a task

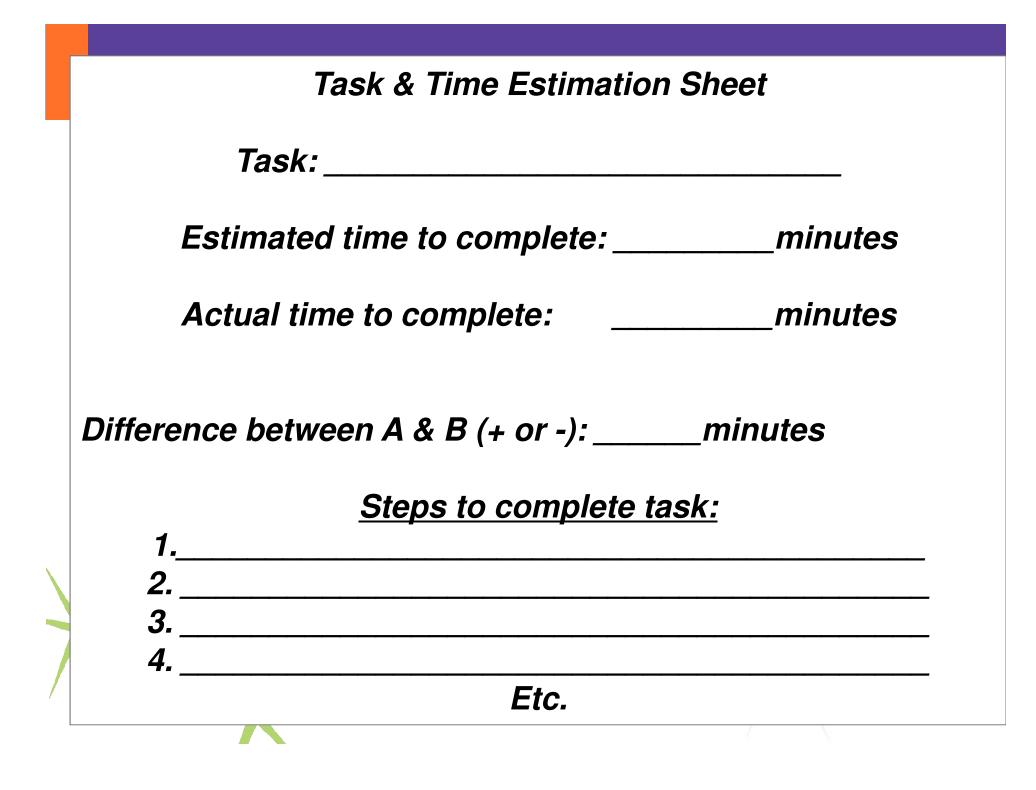
Set priorities

- <u>Estimate</u> how long homework takes
- Account for long term/short term assignments
- Consider other time commitments after school

Task Analysis and Time Estimation -Landmark School, Inc.

- Choose and analyze a basic task students know *i.e.* making their bed before school
- List the steps to complete the task in the correct order
- Estimate the time to complete the task
- Set a stopwatch to 0:00 or use a regular clock/watch
- Start the stopwatch and the task
- Complete the task
- Record the actual time to finish the task
- Calculate difference between estimated and actual times

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Students make a list of things they have to do:

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- Sleep
- Eating and personal hygiene
- School
- Homework
- Chores

Time Management



Should/Could - Dos

- Activities: sports, performing arts, fine art, dance, volunteer
- Play time with friends or alone
- Reading for pleasure
- Phone/e-Mail
- TV/Music

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Family time

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MY DAILY ACTIVITY GUIDE FOR_

I Must Do!	I Should Do!	I Could Do!
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.

Evaluation of the day's activities: Today I did: _____Must Do

> _____Should Do ____Could Do

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HOMEWORK: Assignment Book

- Students record homework in book and estimate time it will take to complete.
- Teachers write homework in same place on the board every day.
- Students are given time to record homework at beginning or end of class.
- If there is no homework, students should write "no HW in (subject)."
- Note actual time and check off box when assignment is finished.

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HOMEWORK: Assignment book

E.T.	А.Т.	Order	Done
Estimated Time	Actual Time		
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	Estimated	Estimated Actual	Estimated Time Actual Time Image:

WEEKLY PLANNER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.	SUNDAY
-	7 – 8 a.m.							
	8-9							
	9 – 10							
	10 - 11							
	11 - 12							
	12 – 1 p.m.							
	1 – 2							
	2-3							
	3-4							
	4 – 5							
	5-6							
	6-7							
	7 – 8							
		K			1			J

Break a <u>LARGE</u> task into <u>SMALL</u> tasks

- Have your children define the small tasks that make up the large task.
- Set a schedule for completing each of the small tasks.
- With older children: work backwards from the due date and have your children set their own schedule for completing each subtask

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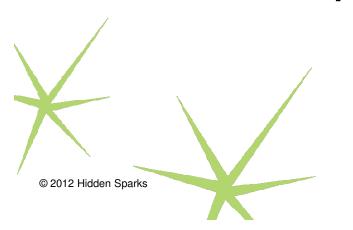
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- Some students learn to become organized by watching and imitating others. But, some do not figure out what it takes to be organized on their own. These students need step-by-step guidance in how to become organized.
- At least 50% of the reason for lack of success in school is due to problems with organization.

- Roberta Schneiderman





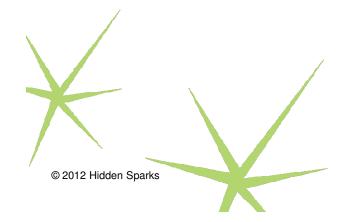


- Help your child develop learning habits.
- Guide your child without doing his/her homework.
- Empower your child to be an active, life-long learner.

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Upcoming Hidden Sparks Without Walls Sessions

Tuesday 12/18/12	Study Skills		
8:30-9:30pm	With Zipora Schuck		
Tuesday 2/5/13	Social Skills		
8:30-9:30pm	With Dr. Bonnie Goldblatt		
Tuesday 3/5/13	Your Attention, Please!		
8:30-9:30pm	With Kate Sussman		
Tuesday 4/9/13 8:30-9:30pm	Understanding Your Child's Psychoeducational Assessment Report With Dr. Orit Goldhamer		
Tuesday 5/21/13	Memory		
8:30-9:30pm	With Karen Kruger		



For more information visit: www.hiddensparks.org

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Contacting Hidden Sparks

Contact Hidden Sparks: www.hiddensparks.org <u>margaret@hiddensparks.org</u> (212) 767-7707

